



TCM ACUPUNCTURE DIPLOMA PROGRAM

The RCCMT has been offering comprehensive Acupuncture programs for more than 10 years.

With the advent of the CTCMPO in 2013, our program has expanded to encompass all of its requirements with a view to students successfully writing their Ontario Board exams.

Our TCM Acupuncture Diploma Program (R.Ac) is especially created for anyone who is serious about learning the comprehensive TCM medical paradigm AND to Health professionals who want an additional modality to their practice including a billing number.

- **The RCCMT's programs and courses are taught by practicing professionals who have excellent academic qualifications, clinics or businesses and practical experience**
- **All clinical supervisors are registered with the CTCMPO**
- **Payment options applicable - we try to help everyone!**
- **From the get go, students begin to practice needling once the basics are mastered**
- **Students complete 500 hrs + of practical hands-on, in a supervised Student Clinic**
- **TCM Dissertation of one Condition under supervision**
- **Attendance, written, oral and practical exams are proof of progress**
- **Graduates receive high pass rates on the CTCMPO examinations**
- **Mentoring Program - extra help for those who miss a class**

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TCM ACUPUNCTURE

A-101. Acupuncture I - Introduction to Meridians, Channels and Accurate Point location while understanding the theory of channels and collaterals. Basic needling techniques as well as methods of accurate point location and point prescription through lecture, demonstration and hands-on practice. (Lung, Large Intestine, Stomach, Spleen, Heart and Small Intestine) and their primary points, including the nature, location, function, application, needling methods contraindications and clean needle technique introduced. (includes practical and review)

A-102. Acupuncture II - Continuation to study the remaining eight channels (Urinary bladder, Kidney, Pericardium, Sanjiao, Gallbladder, Liver, Ren and Du), alarm, back shu points, symptomatic, specific and point prescriptions reinforced and reviewed with Acupuncture I. (includes practical and review)

A-103. Acupuncture III - Extra Points (40) according to body regions including the extremities, trunk, head, face, and neck. More specific points are discussed in detail. Needling methods - insertion, depth and direction, order of insertion, removing needles. manipulation, patient position during acupuncture. Moxibustion, cupping and guasha introduced. This course strengthens students' knowledge and practical skills with regard to the commonly used points and point prescriptions. (includes practical and review)

A-104. Acupuncture IV - More specific knowledge of channels, collaterals and Shu and Mu points including the Divergent channels and the Luo connecting channels. Needling techniques from basic to more advanced such as tonifying, reducing and even methods are explored. Different types of needles and equipment are introduced with a focus on safety and effectiveness. TCM techniques including: ear, scalp, cosmetic (face)acupuncture, electronic acupuncture and FIR lamps explored. Intradermal needles and intra-dermal tack needles are introduced. (includes practical and review)

TCM THEORY

TH-101. TCM THEORY 1 - Origin and history of TCM, based on understanding the relationship between the human body and nature, deeply rooted in Chinese philosophy, cosmology and culture; Huang Di Nei Jing, general laws of the universe, classical theories of yin and yang, five elements, 6 environmental factors, miscellaneous factors, 8 principles, cold and heat and the zang fu.

TH-102.TCM THEORY 11 - Etiology and detailed pathogenesis and pathological mechanisms for professional patient intake. Interior syndromes and the four diagnostic method and hands on practice in pulse and tongue diagnosis. Focus on Zang fu organs, spirit, essence, qi, blood and body fluids.

TH-103.TCM THEORY 111 - Review and organ differentiation and of syndromes (Bian Zheng) which manifests as conceptual differences between TCM and western medicine. Common Zang Fu Syndromes - Lung/Large Intestine, Spleen/Stomach,Heart/Small Intestine.

TH-104.TCM THEORY 1V - TCM differentiation with the theory of the twelve regular channels and eight extra channels, five elements, differentiation of exogenous diseases according to the six channels, four levels (wei, qi, ying and xue). Common Zang Fu Syndromes - Kidney/Urinary Bladder, Pericardium/San Jiao, Liver/Gallbladder.

TH-105. TCM THEORY V - Review and emphasis on the Luo connecting channels, 8 extraordinary channels, Yuan source points, Xi-cleft points, 8 confluent and influential points and San Jiao differentiation. More complicated syndromes discussed.

TH-106.TCM THEORY VI - Review and focus on differentiation including pathogenic factors, meridian differentiation and emphasis on the five element theory. Theory Differentiation for conditions including pain, channel obstruction, neck/back pain, headache, chest pain, bi-syndrome etc.

TH-107.TCM THEORY V11 - Review and integration of TCM differentiation with a basic understanding of the associated western diagnosis. Patient case studies with emphasis integrating TCM theory on common conditions. Theory Differentiation for conditions including palpitation, insomnia, somnolence, dizziness, tinnitus, hypertension, diabetes, depression etc.

TH-108.TCM THEORY V111 - Continuation of the integration of TCM differentiation with a basic understanding of the associated western diagnosis. More serious patient case studies with more conditions and an emphasis differentiation external and Internal conditions. Theory Differentiation for conditions including constipation/dysentery/diarrhea, abdominal masses, chronic fatigue etc.

TCM TREATMENT

TM-101. TCM Treatment I - Internal medicine identified by TCM names with the definition, characteristics, procedure, therapeutic/differentiation principles, treatment and methods. Pathogenesis and syndromes of qi, blood diseases, wind, cold, dryness and fire, dampness, phlegm and fluids, zang fu organs, six channels and four levels. Respiratory, digestive, dermatology, urinary and genital systems.

TM-102. TCM Treatment II - Differentiation and treatment of common diseases of the cardiovascular, nervous, endocrine and immune system and other diseases or the internal organs and pattern differentiation according to the six stages. Acupuncture point prescriptions with specific conditions.

TM-103. TCM Treatment III - Traumatology and diseases of the ear, nose, throat and eye. Diseases examined by their TCM titles and/or Western medical names, their TCM descriptions, etiology and pathogenesis.

TM-104 TCM Treatment IV - Women's diseases including physiology, pathology, etiology and diagnosis, methods of treatment for common gynecological and obstetrical disorders with respect to their TCM titles including menstrual, pregnancy, postpartum and miscellaneous diseases.

TM-105 TCM Treatment V - Pediatrics, orthopedics and geriatric conditions. Definitions, etiology and pathogenesis, diagnosis and differentiation as well as the appropriate treatment of common diseases with TCM remedies are discussed. Basic Tuina techniques introduced.

TM-106 TCM Treatment VI - Emotional and mental conditions including anxiety, depression, PMS with pertinent acupuncture treatments incorporating the five element theory. Case studies.

TM-107 TCM Treatment VII - Basic Chinese language and Pinyin for the introduction of basic Chinese herbal medicine. 27 Categories including clear heat, detoxify, remove phlegm. Continuation of treatments for conditions with acupuncture. Case studies

TM-108 TCM Treatment VIII - Continuation of Single herbal medicine and treatment of conditions with acupuncture. Dissertation of 2500 words on one case study of choice

TM-109 TCM Treatment IX -Basic Formulas and treatment of conditions incorporated with acupuncture, moxibustion and more tuina techniques

TM-1010 TCM Treatment X - Longevity using TCM treatments, acupuncture and Tai Chi/Chi Gong exercises. Advanced Nutrition, Tuina and Cosmetic acupuncture techniques treating, balancing and harmonizing the body system and internal organs. Presentation of dissertation.

BIO-MEDICINE

BM-101 ANATOMY/PHYSIOLOGY - Basic comprehension of human anatomical structures and normal body functions.

BM-102 PATHOLOGY - Basic study of the science of the origin, nature and course of disease.

BM-103 PHARMACOLOGY/ WESTERN MEDICINE - Basic understanding of the most frequently used medications. Drug actions, their mechanisms, benefits and side effects with their associated Western and TCM condition. Various tests, scans, radiation, surgery and procedures discussed.

PR-101 PROFESSIONALISM - Professional competence in ethics, law and legal matters and treatment. Habitual and judicious use of documentation, communication, knowledge, technical skills, clinical reasoning, emotions, values, and reflection in daily practice for the benefit of the patient and community.

IS-101 INTERPERSONAL SKILLS - Interpersonal skills to interact with others properly. Ability to work alone or with a team and with patients from all ages to all walks of life in amicable and stressful situations while getting the job done. Interpersonal skills include everything from focus, communication and listening skills to attitude and deportment. De-stressing skills include QiGong and or TaiQi

SF- 101-102 SAFETY - Clean Needle Techniques for TCM acupuncture, safety of needles and equipment. Contraindications and precautions of acupuncture including pneumothorax. Disinfection. Management of blood to blood contraction, clean body fluids and spills. Professional staff supervision and management. Thorough explanation of treatment and possible outcomes. First Aid included.

PM-101 PRACTICE MANAGEMENT - Daily operations with personnel and patients in a professional and comfortable clinical environment practiced. Good business practice, marketing and leadership skills.

CP-101-106 CLINICAL PRACTICE - Observer to Assistant then to primary Acupuncturist. Integration of TCM principles, practices, techniques and protocols for acupuncture point selection under qualified supervision. Document patient's intake medical history and write up clinical records. Professional practice during TCM differentiation and tongue and pulse based on clinical manifestations. Perform physical exam, demonstrate correct differentiation and acupuncture, moxibustion, cupping, electro-acupuncture, ear seeds and tuina.